Medications at Time of Surgery

SPECIAL INFORMATION FOR PATIENTS OF
Atul F. Kamath, MD

▶ MEDICATION CHECKLIST

Prior to joint replacement surgery, it is very important that you stop taking certain types of medications and supplements. Please stop taking the following items at the listed timeframe prior to your surgery:

*NOTE: *If you are taking DMARDs or other biologics, please consult with your rheumatologist regarding when to stop medication.*

Seven Days Before Surgery:

- **STOP** Anti-coagulants / Anti-platelets / Anti-thrombotics (*medications that prevent clotting*)
- **STOP** Aspirin
- **STOP** Herbal supplements
- **STOP** Over-the-counter medications
- **STOP** Vitamins

*NOTE: *You should stop hormonal therapy a week before surgery including birth control, tamoxifen (following discussion with oncologist) and estrogen replacement therapy.*

Five Days Before Surgery:

- **STOP** NSAIDs (including Ibuprofen, Advil, Aleve and Motrin)
- **START** Bactroban ointment, *if prescribed*

Two Days Before Surgery:

- **START** Sennakot (*Stool Softener*)

Morning of Surgery:

- **STOP** ACE-Inhibitors (*medications for high blood pressure and congestive heart failure*)
- **STOP** ARBs (*medications for high blood pressure, kidney damage and congestive heart failure*)
- **START** Lidoderm patch (*placed centrally on lower back*)

You should continue to take certain medications with a sip of water on the morning of your surgery including:

- Beta blockers (including Toprol, Corgard, Levatol and Coreg)
- Long acting pain medications (including Oxycontin and MS Contin)
- Tylenol
- Celebrex

▶ DIABETIC MEDICATION

If you are diabetic, please take your medication as listed below:

Night before Surgery

- Take oral medication or insulin after last meal, as normal

Morning of Surgery

- Do not take oral medication
- If taking insulin, contact your prescribing physician for advice on altered dosage

If you have any questions regarding your specific medications or medications that are not listed above, please consult you surgeon.