

## PROMIS Global-10 Score

Patient Name: \_\_\_\_\_

Patient MRN: \_\_\_\_\_

Date: \_\_\_\_\_

Please respond to each question or statement by marking on box per row.

	Excellent	Very Good	Good	Fair	Poor
1. In general, would you say your health is:	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1
2. In general, would you say your quality of life is:	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1
3. In general, how would you rate your physical health?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1
4. In general, how would you rate your mental health, including your mood and your ability to think?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1
5. In general, how would you rate your satisfaction with your social activities and relationships?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1
9r. In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1

	Completely	Mostly	Moderately	A little	Not at all
6. To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1

	Never	Rarely	Sometimes	Often	Always
10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1

	None	Mild	Moderate	Severe	Very Severe
8r. How would you rate your fatigue on average?	<input type="checkbox"/> +5	<input type="checkbox"/> +4	<input type="checkbox"/> +3	<input type="checkbox"/> +2	<input type="checkbox"/> +1

	No pain										Worst pain imaginable											
7rc. How would you rate your pain on average?	<input type="checkbox"/> +0	<input type="checkbox"/> +1	<input type="checkbox"/> +2	<input type="checkbox"/> +3	<input type="checkbox"/> +4	<input type="checkbox"/> +5	<input type="checkbox"/> +6	<input type="checkbox"/> +7	<input type="checkbox"/> +8	<input type="checkbox"/> +9	<input type="checkbox"/> +10	<input type="checkbox"/> +0	<input type="checkbox"/> +1	<input type="checkbox"/> +2	<input type="checkbox"/> +3	<input type="checkbox"/> +4	<input type="checkbox"/> +5	<input type="checkbox"/> +6	<input type="checkbox"/> +7	<input type="checkbox"/> +8	<input type="checkbox"/> +9	<input type="checkbox"/> +10

**Global Physical Health raw score:**

**1. Recalculate Question 7r**

“0: No pain”: +5                      “1”, “2” or “3”: +4                      “4”, “5” or “6”: +3

“7”, “8” or “9”: +2                      “10: Worst pain imaginable: +1

Q7rc recorded score: \_\_\_\_                      Q7rc recalculated score: \_\_\_\_

**2. Sum the responses for questions Q3, Q6, Q7r (recalculated), and Q8r**

Q3: \_\_\_\_ + Q6: \_\_\_\_ + Q7r: \_\_\_\_ + Q8r: \_\_\_\_ = \_\_\_\_ points

**Global Mental Health raw score:**

**1. Sum the responses for questions Q3, Q6, Q7r (recalculated), and Q8r**

Q2: \_\_\_\_ + Q4: \_\_\_\_ + Q5: \_\_\_\_ + 10r: \_\_\_\_ = \_\_\_\_ points

**Global Physical Health T-score and Global Mental Health T-score:**

1. Use the below raw sum to T-score tables for physical health and mental health.

Global Physical Health T-score: \_\_\_\_ points

Global Mental Health T-score: \_\_\_\_ points

<b>PROMIS Global Physical Health v1.2</b>		
Short Form Conversion Table		
Raw Summed Score	T-Score	SE*
4	16.2	4.8
5	19.9	4.7
6	23.5	4.5
7	26.7	4.3
8	29.6	4.2
9	32.4	4.2
10	34.9	4.1
11	37.4	4.1
12	39.8	4.1
13	42.3	4.2
14	44.9	4.3
15	47.7	4.4
16	50.8	4.6
17	54.1	4.7
18	57.7	4.9
19	61.9	5.2
20	67.7	5.9
*SE = Standard Error on T-score metric		

<b>PROMIS Global Mental Health v1.2</b>		
Short Form Conversion Table		
Raw Summed Score	T-Score	SE*
4	21.2	4.6
5	25.1	4.1
6	28.4	3.9
7	31.3	3.7
8	33.8	3.7
9	36.3	3.7
10	38.8	3.6
11	41.1	3.6
12	43.5	3.6
13	45.8	3.6
14	48.3	3.7
15	50.8	3.7
16	53.3	3.7
17	56.0	3.8
18	59.0	3.9
19	62.5	4.2
20	67.6	5.3
*SE = Standard Error on T-score metric		